



Mental Health Work Group Meeting Summary July 18, 2014

Attending: Jen Gerdes, Tiffany Mullison, Lynne Brehm, Tonia Durden, Renee Faber, Rebecca Swartz, and, Jaclynn [Jaci] Foged.

Review Meeting Minutes from May 30, 2014

Tiffany reviewed the minutes with members; minutes were accepted as submitted.

Implementation of the Early Childhood Systems of Care Assessment Tool

Tonia Durden reviewed the findings from the report, which included Douglas/Sarpy, Lancaster, and Lincoln counties. As part of the process, Traci Penrod-McCormick developed a parent survey to complement the ECSOC Self Assessment. Findings and recommendations were presented for each community. Key findings across the communities:

- Behavioral health consultation came up across all groups, lack of funding
- Awareness of services and how to get supports for services were needs
- Lack of providers that know early childhood
- Need for a collaborative group that is working on the early childhood social, emotional, and behavioral health needs
- Responses on the parent surveys varied, depending on if the survey was completed on line or face to face

A key recommendation is to reformat the ECSOC tool due to the difficulty that persons had in completing the tool adequately. People did not always fill in the correct line, left lines blank, and there was a high percentage of “don’t know.” MIECHV funded the report and a second contract is proposed to continue the work. The group was really pleased with the development of the parent survey. Tonia will add a few additions to the report and then it will be ready for dissemination [see attached for the report, parent survey, and ECSOC tool].

Rebecca suggested using this tool as a follow up step for the community teams who are going to be implementing the COS-P classes. Lynne has used the tool in several different ways as part of the Rooted in Relationships project and has had the same issues with formatting and completion that Tonia found during her evaluation. Lynne’s communities develop their own parent survey but would use the one created to go with the ECSOC in the future.

Behavioral Health Education Center of Nebraska

Amy Holmes will be rescheduled for September.

World Association of Infant Mental Health (WAIMH) Congress

Rebecca presented a poster at WAIMH this year in Edinburgh and she brought back some insight. Rebecca advocated for a Nebraska delegation to present and/or go to the next WAIMH Congress, particularly around Circle of Security. Rebecca thinks the sessions are going to be archived online so

she will share them when she gets word. Rebecca shared that perhaps the Fussy Baby Network (Linda Gilkerson) might be a point of contact for us regarding reflective supervision. Arizona is bringing the Fussy Baby Network ideas into their preschool system. There was a lot of conversation around the need for more interaction between early childhood professionals and mental health providers. The UK is really focusing their messaging on the “first 1,001 days of life”, this might be something that we could leverage for our state. As a point of reference, the NE Infant Mental Health Association is an affiliate of the WAIMH. Delegates come from around the world. The next congress is in Tel Aviv, May 29- June 2, 2016.

Sub-Committee Updates

- Social-emotional screening tool recommendation
 - Kathy Karsting requested formal scoring on the rubrics of the social emotional screeners that were recommended by the group. An additional screening tool will be scored, as it was recently suggested by Dr. Coffey. The SEEK tool (Safe Environment for Every Kid) contains 20 “yes/no” questions, and doesn’t changes based on age of the child. The group is going to formally score 6 screeners. The subcommittee will bring the rubric scores to the September work group meeting.
- Early Childhood Integrated Skills and Competencies for Professionals
 - Jen is developing specific indicators to go with each competency. These will be delivered to N-MIECHV by September 30, 2014. By December 31, 2014, a 1-2 page self-assessment to accompany the tool will be completed. The group will discuss the dissemination of the new document at the next meeting.

ECCS Sharing & Member Updates

- Invitation to TFKF Co-Chairs from ECICC
 - Co chairs are invited to attend the ECICC meetings based on their rotating topics to do a report out. Mental Health is slotted for February 13, 2015.
- Toxic Stress Steering Committee, Charge and Membership
 - The Steering Committee will help meet the ECCS grant goals and objectives. Their charge is to develop a strategic plan to guide the toxic stress work. Dr. Acierno approved the list of members and is reviewing a proposed list of additions based on input from the first meeting. The first meeting of the Steering Committee was July 7.
- New Materials on Toxic Stress & Ideas for Dissemination
 - DHHS made toxic stress fact sheets for the steering committee members and also for the general public. They contracted with Answers4Families to develop 90 minute training DVD’s and corresponding brochures. The audiences are general public, foster care workers/parents, childcare providers, and home visitors. Upon final approval, the materials will be available on YouTube and DVD for no charge.
- What If...Future Focus Discussion
 - Tiffany asked for feedback on when/why/how to convene the 5 TFKF work groups
 - Rebecca suggested that if we bring people together, just having them listen to presentations isn’t as helpful as actually providing time for groups to share what they are working on.

- Lynne reminded the group about the old structure where the co-leads talked about where they were in their work plans quarterly via distance. This provided opportunities for groups to connect with each other. This was a 2 hour meeting.
- Circle of Security-Parenting – Lynne Brehm
 - Currently 70 registered, will be capped at 130 people. Early bird registration ends on August 19.
 - Rebecca updated on her proposal to UNL Extension for the Parent Education Professional (PEP) Community which would provide 10 webinars and a website for the communities. Rebecca also included some funding for evaluation. No word yet on whether this has been approved.
 - Reflective supervision is an ongoing concern because of COSI policies and the requirement that a reflective consultant has to be a clinician who goes to the 10 day intensive. Lynne has requested a meeting with Kent during the training (Sept 16-19). There are no 10 day intensive trainings scheduled for the United States in 2014 or 2015. COSI may schedule in 2015 if there is a demand for training. COSI may also be looking at shortening the 10 day training.
 - Lynne has received a few anecdotes from parents who have been through COS-P that she will share with the group.

Mental Health Work Plan

- Updates to current plan and additional, new activities on toxic stress—moved to next meeting agenda.

Possible Next Meeting Dates

Tiffany will send out a scheduling poll for Friday, September 5 and 26.

Agenda Items for Next Meeting

- BHECN
- Work Plan